# BE PREPARED FOR ANY DISASTER

You don't know when a disaster will strike, but you can take steps **NOW** to be prepared and stay safe. Think about what you will need in an emergency and talk with your family members to find out their needs. Follow these helpful tips from the California Fire Foundation's Firefighters On Your Side to make sure you and your family are prepared for any emergency.



# **FOLLOW THESE STEPS TO BE PREPARED FOR ANY DISASTER:**



Get alerts to know what to do.



Make a plan to protect your people.



Pack a Go Bag with things you need.





Build a Stay Box for when you can't leave.





Help friends & neighbors get ready.

## **ELDERLY & DISABLED**

- Identify people you can rely on in an emergency to help with transportation or evacuation
- Carry family or caregiver contact information in your wallet and have emergency contact numbers saved in your cell phone or written down near your landline phone
- Plan how you will communicate if you have a communications need
- Have a list of medications and doctor contact information
- Exchange contact information with neighbors to share alerts
- Have a plan for personal care equipment or devices for your daily living

- O If an Evacuation Warning is issued, consider evacuating early to give yourself enough time to leave safely.
- Have a plan for service animals including food and water and a plan for a caregiver if you are unable to meet its needs
- If you use an electric wheelchair or scooter, have a manual wheelchair backup
- Have a NOAA Weather Radio tuned to your local emergency station
- Get your benefits electronically direct deposit is available for Social Security and other benefits – Call 800-333-1795 or visit https://fiscal.treasury.gov/GoDirect/





# Write down emergency contacts and other important information below to use or share with first responders in an emergency. Keep it with you or in your Go Bag, so it's ready when you need it.

**Full Name: Phone Number:** Phone Number: Contact name: Medical Conditions: (Examples: Medical issues such as diabetes, Out-of-town Contact name: **Phone Number:** heart condition, etc.) IN AN EMERGENCY, PLEASE CONTACT: **Phone Number: EMERGENCY RESOURCE INFORMATION Medications:** Allergies: **Evacuation & Shelter:** Visit your county website or call 2-1-1 Additional Information: FirefightersOnYourSide.org & listoscalifornia.org Make copies and give everyone on your list a copy of the information. Doctor's Name: **Phone Number:** Call 2-1-1 for evacuation routes and shelters and other information. Everyone is welcome at public emergency shelters; no one running an evacuation shelter can ask to see your ID.



### Pets & Livestock

- Identify boarding facilities and shelters accepting pets
- Have food, water, a crate, and any medications packed in your Go Bag
- Have photos of your pets and ensure they are microchipped
- Make a plan for horses or large animals and practice your plan



### **Rural Communities**

- Identify a trusted news source to get news & alerts
  - 211CA.org
  - CalOES.ca.gov
  - Response.ca.gov
  - Ready.gov
  - Fire.ca.gov
- Share your plan with neighbors and talk about who can help you or who may need your help
- Exchange contact information with neighbors to share alerts



### **Pregnant or Parents of Infants**

- Talk to your doctor about a plan to get care or deliver during a disaster
- If you go to a shelter, make sure the staff know you are pregnant
- If you use formula, set aside plenty of clean water
- Have a plan with your baby's caregiver